



Porter Medical Associates

Cardio Testing (Echo, Carotid, AAA, Venous Doppler)

-This testing helps to evaluate and diagnose various cardiovascular diseases.

-Why is the cardio testing done?

Echo-Evaluates your heart chambers, walls, valves, blood flow, and overall function of the heart.

Carotid-Checks the blood flow in the carotid arteries that feed oxygen-rich blood to the brain from the heart to check for any significant blockage that may increase the risk of a stroke.

AAA-To evaluate for an abdominal aortic aneurysm.

Venous Doppler-Checks the veins of the legs for valve insufficiency and/or to check for deep vein thrombus (DVT).

-Before your cardio testing.

No special preparations are needed. You may eat and go about your normal activities. *Please wear comfortable loose fitting clothes.* You may need to undress from the waist up and put on a hospital gown.

-How is the cardio testing done?

You will lay back on an exam table and the tech will instruct you further.

-After your cardio testing.

You may return to your normal activities after the test.

-Does it hurt?

The test is virtually painless, and many nap through it.

-When will you get your test results?

Your physician will discuss the test results with you at your next scheduled office visit.



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